

The Parish Church of St Wilfrid, Calverley



Towngate, Calverley, LS28 5NF

Curate: Revd Dr Sue McWhinney: Tel. 07484 181699

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Dear Parent,

Thank you for your enquiry about the Parenting Teenager's Course. We're delighted that you'd like to come and join us.

The course is produced by the Alpha team, and runs over 5 sessions, using a combination of short talks and video clips (including input from parenting experts), and discussion. It is intended for parents of children aged 11-18, though if your children are slightly younger, you are welcome.

Subjects include building strong relationships, meeting our teenager's needs, setting boundaries, developing emotional health, dealing with conflict, and helping teenagers to make good choices in life. The course is supported by an excellent course booklet, which is full of useful material and practical advice about the themes for each week.

We will be holding the course in church, in a relaxed and friendly atmosphere, with a glass of wine/soft drink/coffee, and cake to start with at 7pm, aiming to finish by 9pm. It would be great if both parents can come along, but you'll still get a lot out of it if only one of you can attend.

We have a limited number of places, and we recommend that you try to commit to at least 4 of the 5 dates, in order to get the most out of the course. Each evening will cost **£2.50 per person**, to cover the cost of materials, and we need to know numbers in advance in order to have enough booklets available.

Dates: **Wednesdays, 7pm to 9pm, in church.**

September 19th, and 26th, and October 3rd, 10th, and 17th.

Interested? If you'd like to book a place, or would like any more information, please feel free to contact me, preferably by e-mail, on sue@calverleyparish.church

With best wishes, Sue McWhinney.

Worship at St Wilfrid's

1st Sunday of the month: 8.30am BCP Holy Communion; 10.45 Joint Communion Service
2nd 3rd 4th 5th Sundays: 9am Holy Communion (CW); 10.45am Family Service (with children's groups)

1st Saturday of the month: 3pm Messy Church

2nd 3rd 4th 5th Saturdays in term-time: 5.30pm Family Service

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