



**Go Deeper, 26<sup>th</sup> Feb 2023, Resting in God**

Dear Miners,

I hope you enjoyed this morning's talk from Azaria sharing about her life and mission in Guatemala City, with a look at finding rest in God too.

I think we can all relate to that feeling of weariness that comes along from time to time in the business of life and we all have burdens that can weigh on us too. Azaria shared how she felt particularly weary in recent months whilst going through a transition in her work in Guatemala. She also mentioned that she felt burdened with the challenge of 'not doing enough' when in this season of transition.

Sharing from Matthew 11:28-30 she expressed how God reminded her that she is loved for who she is and not what she does, as we all are. And that we can come to God and find rest for our souls. Laying our burdens down and leaving them with Him and allowing Him to refresh us from weariness. Azaria also spoke of how the young people she works with in Guatemala have many burdens and are often weary from life's many challenges such as risks in relation to drug and alcohol abuse in their communities, gang violence and extortion and challenges at home. She shared about her passion to help others find rest in God, to discover how loved they are by God and know their identity in Christ.

- Do you feel weary? Are you tired? Do you have burdens weighing on you? Think about the things in your life that might be weighing you down and take a step towards giving them to God and seeking Him for rest.
- What might rest in and from God look like for you? Do you truly know how loved you are as a child of God?
- Who in your family or community might be feeling burdened or weary? How can you offer support to this person or these people? Can you help point them to God for rest?

Every Blessing

Azaria Spencer

**Deeper Stuff**

Read more around Jesus' teaching on finding rest in God.

Explore what the Bible tells us about being loved by God and our identity in Him.

To find out more about what Azaria does you can read her blog or sign up for her CMS Link Letters.

<https://azaria.blog/>

<https://churchmissionsociety.org/people-in-mission/azaria-spencer-guatemala/>