



**Go Deeper, 16<sup>th</sup> April 2023: Communion**

Dear Miners,

I hope lots of you were able to get to the services this week, where we lingered on many of the details and questions about the Eucharist. If not, we'll do it again, and any lingering questions are always welcome at AMA – next one is June 11<sup>th</sup>.

I believe the Lord's Supper is much more something to be inhabited, encountered and experienced than understood – we will never fully understand it, but knowing some of the history and the variety of approaches people have taken around the church though history is helpful, so do look at the resources below.

A few questions for reflection:

- Do you know what you think happens at communion? How important is a theology of communion to you?
- Can you think of a time when communion was significant to you?
- What comforts and challenges you in the Eucharist?

Every Blessing

**Deeper Stuff**

*Articles:*

Here are two very readable articles which give a summary of the history of communion as we know it:

<https://conciliarpost.com/theology-spirituality/communion/brief-history-communion-part/>

<https://conciliarpost.com/theology-spirituality/brief-history-communion-part-ii/>

*Books:*

Take This Bread: A Radical Conversion, by [Sara Miles](#)

*Podcast:*

The author of the above book shares her story.

<https://www.nomadpodcast.co.uk/nomad-74-sara-miles-whose-table-the-radical-inclusiveness-of-communion/>

The interview starts at 12 minutes 20 seconds.