# The Calverley Psalter; Psalms of St Wilfrid's

### Psalm 23 – a contemporary take. By Rob

God is my air traffic controller in bad weather, my lighthouse in stormy seas. He gets me to a safe harbour, to refuelling, to safe ground. He sets the right flightpath for me. My navigator.

Lord, even when I'm in rough seas, dark skies, When it seems hopeless, You are with me. You fight for me You look after me You know what I need better than I do

So I will try to listen, to not be afraid And to notice your presence. When everything is getting beyond me When there's too much When it all feels set against me Like a fight...

#### **Overwhelm**

In that place, You remind me to stop, to eat. You bless me You give me what I need, even though the skies are still dark. There is, surprisingly, enough.

I know you love me
You always will,
And that love and comfort will never leave me
Even when I don't deserve it
Even when I don't feel it.
There will always be a place for me in your presence, Lord.
I choose that.

# <u>A Psalm of Enough– by Naomi and Rob.</u> April 2023

Lord, I forget And when I do I don't feel That I have what I need I feel Like I am on my knees Not Good Enough.

But then

Your mountains overwhelm me – You are too much for me

So much.

The detail in creation, the leaves, the clouds, the lakes...

You care for it all

for me

You've got this covered. And you are here with me while I work this out Feel this See this

This blue sky My blue eyes

You are enough I am enough

Thank you, Lord

Selah – breathe

#### Psalm 999

Trust Lean Shield Remember Punching Bag Lord, I feel your calm Life is so busy But you bring me serenity Even when day-to-day life does not

When I am with you I know your peace

You are my God Awesome beyond words Mighty, fearful Beautiful

You are my God

# An enigmatic Psalm

Lord, you are an enigma. You exist – for some And yet, you don't exist for me. But, I like the concept of you, And of the love you incite The unity, community.

# <u>A Psalm of Purpose</u>

Lord, what is my future?

I said.

That is not what I do, declared the Lord.

Then what is your purpose?

"To believe in Love."

He told me.

## Hey up Psalm

Hey up – what is happening in my life and the wider world?

You are always listening to me You are not there to answer my questions But you are the answer, Through prayer.

Sometimes I forget to acknowledge you and ask for your help But you are there patiently waiting when I return.

### A Psalm of Moments

Stressed
Dressed
Drawing
Animals, pets.
Sun on face.
Morning Light
Tunes

## Surrounded Psalm

Lord it is wonderful to be Surrounded by people like me Who are searching for help and guidance In my spiritual journey.

God helps me when I feel Down and lonely And I Know he is there and I Have faith in him.

So we strive to follow in your footsteps, To love one another With our whole heart Amen.